

Non-Disabled Privilege

1. When I go out to eat, I do not think about whether I will be able to use the restroom or not.
2. I can access all of the online videos shared by friends on social media.
3. When I am out in public people speak directly to me rather than speaking about me to the person who is with me.
4. Most people I meet talk to me freely without worry about saying the “wrong thing”.
5. I can get out of my car and enter a building without having people assume I need help doing so.
6. When I attend a workshop, I can assume the handouts and materials will be accessible to me.
7. I can easily buy postcards, greeting cards, dolls, and magazines featuring people of my disability status.
8. I never had the experience of feeling awkward while someone told a joke about people with my disability status.
9. I can go to a doctor without concern about whether the equipment they use will be accessible to me.
10. A service provider has never told me that they do not serve people like me.

11. I was never told that I might want to reconsider a career choice I was thinking of pursuing because people like me are not likely to succeed in that area.
12. When I apply for a job, I do not have to worry about whether or not to disclose my disability status.
13. I have never had anyone ask me if I can or how I have sex.
14. I can vote without being concerned about access.
15. When I am asked to be on a committee, I can assume it is because of my strengths and potential contributions rather than because they needed a disabled person on the committee.
16. I can excel at something without someone telling me that I am an inspiration.
17. I have never had anyone question whether I can/should be a parent.
18. I have never been told how expensive I am to include.
19. If I choose to worship, I have several choices in my community.
20. When I moved into the dorm in college, I did not have concerns about whether my roommate would feel okay about rooming with someone of my disability status.